

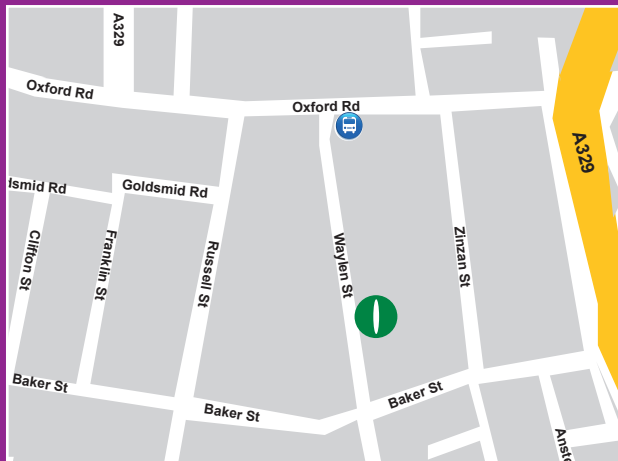
Accessing Support.

This is a combined service offering advice and support to pregnant women and their partners, who are concerned about their drug or alcohol use.

This service is for women delivering at the Royal Berkshire Hospital.

Pre-booked appointments only

Times: Fridays 11am - 1pm



For further information contact:

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Pregnancy Lead
IRiS Reading
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www.irispartnership.org

Are you pregnant and need help around drugs or alcohol?

 **IRiS Reading**
Integrating Recovery in Services



**Then call IRiS
Reading for
support.**

KICK
Pregnancy Clinic

Accessing Support.

The KICK Clinic welcomes all pregnant women where an issue with drugs and / or alcohol exists, either with themselves, or their partners, and they feel the need for help & support during pregnancy and after birth.

What Do We Do?

- We offer support to women and their families where Drug and Alcohol misuse exists, including addiction to prescribed medication throughout the pregnancy.
- We provide care on an individual level, based on a holistic model, and women are included in any decision making process.
- Our aim is to minimise harm to mother and baby by reducing or discontinuing drug or alcohol dependency.

Services Provided:

- Obstetric and substance misuse assessment.
- Regular liaison with community antenatal care.
- Advice and information around general health care, harm reduction, substance misuse, pregnancy.
- Referral to other services i.e. fast track to alcohol in-patient detox units.
- Support and referral to counselling.

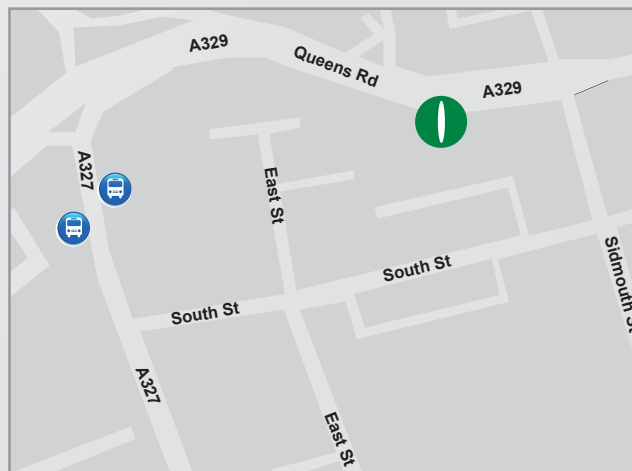


Open Access / Drop In

You can also just drop into our Queens Road site on Monday - Friday 12.30pm - 4.00pm, for an initial informal chat, without having to make an appointment.

38 Queens Road
Reading
RG1 4AU

t: 0118 956 7441



Our Role

- We allocate a Substance Misuse Worker who sees the women on a fortnightly basis, although this can be more often if necessary, whilst working with the women's wishes a plan of care is agreed and implemented with regular evaluation.
- We will provide or refer for all substances and alcohol interventions tailored to the women's needs. If opiate substitute medication is required the IRIS worker will arrange a medical assessment with the IRIS prescribing doctor to initiate medication. The IRIS doctor will review the medication in line with pregnancy care plan reviews.
- We will liaise with the community Health Visitor to ensure that clear lines of communication are established and will keep the Health Visitor up to date with the women's attendance and progress.
- The IRIS doctor will assess the general medical needs of the women and liaise with other specialists as required. The doctor will also advise women as to how their treatment may affect their pregnancy.